



# Child Sex Trafficking Recovery Services Team (RST)

The National Center for Missing & Exploited Children (NCMEC) provides specialized technical assistance, support, and resources to child-serving professionals working with missing and exploited children.

RST Resource Specialists offer the following assistance to child welfare professionals on cases involving children reported missing from care who are likely exploited through child sex trafficking:

- » Share promising practices in trauma-informed responses and reducing running behavior
- » Provide case-based assistance in the development of trauma-informed and victim-centered recovery plans
- » Connect professionals to local and national resources that provide specialized services
- » Provide resources and support on meaningful youth engagement, effective approaches to trauma responses, strategies to address and reduce running behavior, and safety planning
- » Support multidisciplinary efforts to prevent revictimization

## Why Recovery Planning?

When a survivor of child sex trafficking is recovered or returns to child welfare care, it is a disruption, or a pause, in their victimization. Recovery Planning recognizes this disruption as an unparalleled opportunity to begin to break the cycle of exploitation through intentional, planned, trauma-informed, and victim-centered engagement. Informed and specialized engagement at the time of and following recovery, has the potential to discredit the lies and manipulation of a trafficker and start to build the foundation of healthy, caring relationships.

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