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PREVENTING & ADDRESSING CHILD TRAFFICKING

H U M A N T R A F F I C K I N G
Y O U T H C U R R I C U L U M

PREVENTION GUIDE





ABOUT THE GUIDE

The following Human Trafficking Youth Prevention Curriculum profiles have been collected as a resource by the Child and Family Policy Institute of California - PACT (Preventing and Addressing Child Trafficking). For more info about PACT & our Statewide Network visit [PACT.CFPIC.ORG](https://pact.cfpic.org)

Profiles are grouped by focus: **Primary Prevention**, **Secondary & Tertiary Prevention** approaches. Learn more about a public health approach to end trafficking by reading the [National Human Trafficking Prevention Framework](#).



Primary Prevention (Preventing human trafficking before it occurs)

- iEmpathize
- I AM
- kNOw More!
- Not a Number
- Project Roots
- PROTECT
- Safe and Sound Human Trafficking Prevention Program
- The Cool Aunt Series - Sex Trafficking Talk with Auntie Rachel
- Word on the Street



Secondary/Tertiary Prevention (Providing immediate response after human trafficking has occurred/long term-term ongoing support)

- Becoming Me
- Empathy Project
- Ending the Game
- My Life My Choice



Native American Specific Resources

- Strong & Resilient
- Collection for Teens
- A Guide for Men: COMPASS

*Opinions expressed by curriculum developers do not represent opinions of our agency. The guide is meant as a resource, please reach out to the individual agencies for information as frequent updates occur.

PRIMARY



Website: <https://iempathize.org> | <https://iempathize.org/my-courses/>

History: The Empower Youth Program can be used by anyone who provides services directly to youth aged 12 and older, such as teachers, youth program directors, counselors, mentors, therapists, and more. It has two chief objectives: to equip youth with personal safety strategies and to nurture their empathy for others. This six-module curriculum equips adults to inspire teens to identify push and pull factors. Youth facing pushes in their lives due to bullying, exposure to hyper-sexual media, unstable home environments, poverty, or other trauma caused by adverse childhood experiences such as neglect and emotional, physical, or sexual abuse will encounter people who become either a positive or negative pull.

By engaging students to develop empathy, this curriculum distinguishes itself as an exploitation prevention tool and a character education program with far-reaching, transformative potential for individual youth, schools, and youth programs. The program trains teens with real-life stories of young people safely sharing specific strategies they used to navigate their own emotions, behaviors, and situations and uses various learning methods, including writing responses, videos, listening, and interactive questions.

Target Audience: Gender inclusive, youth ages 12+

Mode: Video content and a 65-page Facilitator's Guide PDF are available in a DVD package or as a digital resource through iEmpathize's online portal. Each lesson is 25 minutes in length and includes two short films, discussion questions, activities, and assessments with optional extension activities up to 60 minutes.

Cost: Determined based on needs and capacity. Generally, the cost is \$4 to \$20 per student. Scholarships available. Preview Module One and the Facilitator Guide for free.

Strengths:

- Low cost
- Peer-led videos, multimedia and activity driven lessons
- Adaptable to multiple contexts
- Includes character education and broad forms of exploitation
- Survivor informed

Limitations:

- Does not comprehensively address human trafficking tactics, especially labor trafficking



Organization: I AM Training and Consultation Group

Email: stefania@iamtrainingllc.com



History: The I AM: Building a Healthy Male Identity curriculum is a transformative program designed to equip young men with the tools, self-awareness, and resilience needed to navigate life's adversities while fostering a strong sense of self and competence. This dynamic program integrates real-world experiences to connect with participants, addressing critical barriers that hinder healthy identity development and informed decision-making. Through its innovative framework, the curriculum provides interactive activities and guided discussions that delve into issues such as peer group dynamics, violent masculinity, gang involvement, media influence, bullying, sexual assault, consent, and sexual exploitation, including trafficking. By cultivating a safe and supportive environment, the curriculum encourages open dialogue, self-reflection, and personal growth, helping participants challenge harmful norms and build protective capacities.

Each session is carefully designed to engage youth in exploring topics relevant to their experiences and development. Participants build essential skills for making healthy decisions, identify protective factors that buffer against risk, and enhance their resilience. Furthermore, insights gathered through the group process serve as a foundation for identifying individual participant needs, offering opportunities for continued therapeutic exploration and targeted interventions beyond the program's scope. The curriculum is not only a pathway to personal empowerment but also a catalyst for long-term change in the lives of young men.

Target Audience: Young men ages 13-21.

Mode: In person group sessions, with live facilitators. Facilitators must attend a two day comprehensive workshop to ensure fidelity and a one-day train the trainer.

Cost: Email stefania@iamtrainingllc.com for current pricing on Master License and required facilitator training costs.

Strengths:

- Unique focus on males
- Prevention of future buying of sex and of trafficking while addressing male victimization through a trauma informed approach.
- Offers TA support to facilitators

Limitations:

- Cost involved to attend training, and purchase master license for use.
- Does not address labor trafficking



kNow MORE!

Organization: Point Loma Nazarene University
Center for Justice and Reconciliation



Website: <https://www.pointloma.edu/centers-institutes/center-justice-reconciliation/know-more-human-trafficking-prevention-program>

Email: CJR@pointloma.edu

History: kNowMORE is a drama-based and student-centered human trafficking awareness and prevention curriculum, for middle school- and high school-aged youth in San Diego County. It is a comprehensive and engaging program based on the latest sex trafficking research in San Diego and developed in collaboration with experts from various sectors. The curriculum was designed to help young people recognize the red flags and vulnerabilities around trafficking and equip them to take action for themselves and their peers. The ultimate result would be the prevention and eradication of this injustice in San Diego County and beyond.

kNow MORE is a part of the [San Diego Prevention Collective](#).

Target Audience/Setting: Middle School and High School aged youth The curriculum is designed to take place directly in school facilities or community centers, in a large classroom or small auditorium space that has projection capabilities. The program is designed for maximum impact in either 2 or 3 hours! This engaging experience is spread over two days, offering flexibility with either 60-minute or 90-minute presentations, depending on your bell schedule. Ideal for groups of 100 students or fewer, our program delivers essential content efficiently and effectively.

Mode: In Person, although Virtual Option May be Available by Request.

Cost: Virtual version of kNow MORE is available outside of San Diego for a fee

Strengths:

- Co-Facilitated by Survivor Leader
- Addresses vulnerabilities of LGBTQ+ youth and boys
- Lends itself to use in various settings
- Survivor Informed
- Is teen friendly and interactive

Limitations:

- Addresses sexual exploitation only, not inclusive of labor trafficking
- In-Person module available in San Diego County only

Organization: Love146

Website: <https://love146.org/notanumber>



History: Not a Number has been developed in consultation with experts in the fields of human trafficking and sexual exploitation, education, research and evaluation. Not a Number curriculum was piloted in three states through Love146, Aspire Health Partners, and the Connecticut Department of Children and Families—reaching over 2,500 youth in schools, child welfare and juvenile justice agencies, residential programs, and other community settings. 1st Edition released in 2014, 2nd edition in 2017, 3rd edition was released in 2020.

Target Audience: The curriculum was developed for youth ages 12-18, is inclusive of all genders, and is designed for applicability across gender, ethnicity, sexual identities, and socioeconomic backgrounds.

Mode: Designed for groups of 5 to 30. It is broken down into five 50 minute sessions (you may adjust slightly, with four to six sessions). At least one facilitator is required, and they must be trained in person and licensed annually by Love16.

"Not a Number is the curriculum that providers need to embrace in their work with you, knowing that education and intervention is the key to combat this epidemic of human trafficking."

STEVEN PROCOPIO, CSEC
CONSULTANT & TRAINER

Cost: Initial training cost varies depending on whether you go to their site or bring them to your location. There is also an additional annual recertification fee. Fill out their [inquiry form](#) for the most current information.

Strengths:

- Effective in schools, large groups and in the community
- Multimedia based & engaging
- Touches on labor trafficking and addresses broader forms of exploitation (health relationships, staying safe online, etc.)
- Love146 staff are easily accessible, provide annual trainings for facilitators, and provide additional resources for students and caregivers

Limitations:

- Requires a large enough group present at each session to break up into teams and do group activities (minimum is five, works best with at least 10)
- No training is currently available remotely and groups are not approved for remote facilitation (increases costs and health risks)
- Significant prep time required, including a lot of printing at the time reviewed.



Organization: [3Strands Global Foundation](#)

Website/Email Contact: education@3sgf.org | [\(916\) 365-2606](tel:9163652606)

PROTECT Overview

History: Founded in 2010, 3Strands Global Foundation (3SGF) is a mission-driven nonprofit dedicated to **preventing human trafficking and empowering those with lived experience**. Protect's survivor-informed, research-backed programs have equipped **thousands of schools** and **over a million students**, educators, caregivers, and professionals nationwide with tools to recognize, prevent, and respond to exploitation.

Target Audience: PROTECT is a **nationally recognized K-12 prevention education and training program** designed specifically for school communities. This **age-appropriate curriculum** empowers students with critical skills to recognize and prevent **both labor and sex trafficking** while equipping adults to identify risks, respond appropriately, and create safer environments for youth. 3SGF also offers training and programming beyond school settings.

Mode: To ensure accessibility and effectiveness, PROTECT is delivered through multiple formats tailored to the needs of different audiences. Schools and organizations can access training in person, through virtual live instruction, or via self-paced online courses. Educators who complete training receive downloadable curriculum materials to implement directly in their classrooms. Additionally, 3SGF offers a train-the-trainer model, allowing school and community leaders to become certified facilitators who can independently deliver PROTECT instruction, ensuring long-term sustainability and wider program reach.

Cost:

- Online Staff Training (Journey to PROTECT - HT101, HT102, HT103) - \$8 per participant
- Virtual Live Training - \$750 per session
- School Safety & Reporting Protocol Development - \$750 per district
- Licensed Facilitator Training - \$997 per participant
- Student Curriculum Access - \$12 per educator annually

Strengths:

- Covers both sex and labor trafficking
- Available online & in-person for flexible learning
- Age-appropriate curriculum in both English and Spanish, starting from kindergarten
- A comprehensive approach, addressing all school staff, students, and families
- Addresses state mandates for training and education related to human trafficking

Limitations:

- Requires educators or trainer-of-trainers to champion and implement the curriculum
- May lack direct involvement from community-based organizations, limiting awareness of local resources
- Grant availability varies, making the program costly in some areas

Safe and Sound Human Trafficking Prevention Program

Organization: Rising Worldwide

Website/Email Contact: [Risingworldwide.org/safe-and-sound/](https://risingworldwide.org/safe-and-sound/)
Program Manger, Info@risingworldwide.org



History: Launched in 2015, the Safe & Sound Human Trafficking Prevention Program shares the life- changing insights of survivor leaders with youth and those who care about youth. Co-developed by Catie Hart, human trafficking survivor and educator, and Rising Worldwide, Safe and Sound teaches what survivor leaders most wish they had known to help build resilience against human trafficking. Focusing on trafficker's typical tactics, Safe and Sound equips youth with a deep understanding of coercion. Youth learn about the power of setting healthy boundaries especially in challenging situations. The program is based on the belief that education can reduce victim-blaming, build individual resiliency and increase a community's compassion.

Target Audience: Adults, administrators, counselors, teachers, parents, middle school & high school youth, foster youth & others not in traditional schools, law enforcement, social workers, cCommunity.

Currently being implemented or conducted in Santa Cruz and Monterey and available to counties throughout California.

Mode: Virtual course and live virtual workshops led by survivors of human trafficking to educate. The workshops can be tailored to a class period, or a customized length of time. The training is available in English and Spanish and fulfills the mandate for the Human Trafficking Prevention Education and Training Act (Assembly Bill 1227).

Cost: Safe and Sound is presented at no cost to Santa Cruz schools through a partnership with Santa Cruz Human Services and Monterey County in partnership with regional foundations. It can be facilitated in other settings and in counties throughout California, for a fee. Contact Rising Worldwide to discuss details.

Strengths:

- Developed and lead by human trafficking survivors
- Live support available both through workshop and after by a bilingual (Spanish/English) peer counselor
- Addresses both sex and labor trafficking
- Available in English and Spanish
- Opportunity to be delivered to other counties throughout California

Limitations:

- English version available as an interactive online course paired with a live virtual workshop.
- Spanish version available as a longer virtual workshop.

The Cool Aunt Series - Sex Trafficking Talk with Auntie Rachel

Organization: Cool Aunt Series & The Foundation
United: Global Solutions to Eradicate Sexual Exploitation

Website/Email Contact: <https://www.thecoolauntseries.com/>
<https://www.thecoolauntseries.com/pages/contact-us>

The Cool Aunt
**SEX TRAFFICKING TALK
WITH AUNTIE RACHEL**

History: The Cool Aunt Experience is for all TEENS, "at-risk" PRETEENS, and the ADULTS who care for them. Rachel C. Thomas, M. Ed, the developer, is a graduate of UCLA, a presidential appointee to the United States Advisory Council on Human Trafficking, and a personal survivor of human trafficking.



She has extensive experience teaching, training, curriculum writing, public speaking and mentoring. Since founding Sowers Education Group in 2012, Rachel has reached over 150,000 live audience members and millions more through numerous media outlets including CNN, HLN, The T.D. Jakes Show, The New York Times Upfront Magazine, and ABC's Newsmakers.

Target Audience: All TEENS, "at-risk" PRETEENS, and the ADULTS who care for them.

Mode: On demand, twelve videos. Engaging, high quality, teen centered, informative episodes. Includes a 25 question completion quiz, certification, and post individualized support with a personalized risk factor assessment.

Cost: \$99 for the course through the website. County child welfare agencies may access this at no cost through a state-funded contract to provide the course to youth through their CA prevention programs.

Strengths:

- Developed and led by human trafficking survivors
- On-demand videos
- Opportunity for youth to receive post/individualized support after taking the course
- Counties/Organizations can set up a customized dashboard

Limitations:

- English version only
- Does not address detailed information on child labor trafficking.



Word on the Street

Organization: Nola Brantley Speaks

Website: www.nolabrantleyspeaks.org

Email Contact: Nola Brantley, nola@nolabrantleyspeaks.org



History: Nola Brantley Speaks partnered with the Los Angeles Probation Department to develop "Word on the Street," a CSEC prevention curriculum for females. The purpose of this prevention curriculum is to educate, equip, and empower youth, and provide them with tools and opportunities for discussion to prevent them from unknowingly becoming victims of commercial sexual exploitation

Target Audience: The curriculum is designed for females between the ages of 13 - 18 who have not been identified as a CSEC victim.

Mode: There are 4 versions of the curriculum - a 6-week module, 1-day conference module, 90-minute module, and a youth workbook format. The curriculum is available both in-person and virtually. The 6-week group format is available in Spanish.

Cost: Contact Nola Brantley Speaks for a quote. There is a cost for the facilitators training and the curriculum is provided for free.

Strengths:

- Gender specific
- Survivor developed
- Flexibility: different versions can be used in various settings
- Can be facilitated in English/Spanish

Limitations:

- Not for use with boys
- Not for use for those already identified as CSEC survivors
- Does not address child labor trafficking or family controlled trafficking



SECONDARY/TERTIARY

Becoming Me

Organization: Becoming Me

Email Contact: Michelle Guymon, BecomingMeLAC@gmail.com

History: Becoming Me Curriculum provides six quests that can be utilized for individual or group use and provides interactive activities, videos, and psycho-education tools to support participants on their journey towards healing and establishing identity. This intervention curriculum is trauma-informed and designed for girls and young women (ages 12-21) that have been impacted by Commercial Sexual Exploitation.

Requirements: a two-day, in-person training before implementation. Participants will become curriculum facilitators for Becoming Me: A Guide to Help You Heal & Grow.

Target Audience: Female youth and young adults

Mode: Designed for individual, or group use with the oversight of a trained professional. Each Quest of this six-volume curriculum provides interactive activities, videos, and psycho-education tools to support participants as they traverse the journey towards healing and establishing identity.

Cost: Email Michelle Guymon to inquire about bringing the training to your community or organization. Train the Trainer Model, Training completion provides an individual or organization access to the on-demand videos, facilitator guide and participant electronic fillable resources, including materials that can be printed at your own cost. Other supply costs such as journals, attendance or goal incentives, etc. should be considered.

Strengths:

- Flexibility - the curriculum was designed so it can be used as a whole curriculum, or in parts (as a supplement).
- Lends itself to use in various settings
- Was developed in partnership with survivors
- Is teen friendly, with videos inspiring conversation around specific topics
- Low cost

Limitations:

- Not for use with boys.
- Addresses sexual exploitation only, not labor trafficking
- Optimal for youth to have reliable access to technology for videos, however, content has been transcribed for youth to read the message from the videos as needed.
- Requires oversight of a trained professional.



Empowerment Project

Organization: Nola Brantley Speaks

Website: www.nolabrantleyspeaks.org

Contact: Nola Brantley, nola@nolabrantleyspeaks.org



History: Nola Brantley Speaks partnered with the Los Angeles Probation Department and UC Berkeley's California Social Work Education Center to develop "The Empowerment Project: Redefining Young Women's Strength, Beauty, and Courage."

Target Audience: Females between the ages of 13 - 18 who have been identified as a survivor of commercial sexual exploitation.

Mode: The curriculum is designed as a workbook that can be facilitated one-on-one with a youth/young adult. The curriculum covers safety planning, building a support system, an overview of CSEC, healthy relationships, re-establishing relationship with self, empowerment, leadership development, strategies for getting out and staying out of the commercial sex industry.

Cost: Contact Nola Brantley Speaks for a quote. There is a cost for the facilitators training and the curriculum is provided for free.

Strengths:

- Gender specific
- Survivor developed

Limitations:

- Not for use with boys
- Does not address child labor trafficking
- Requires a trained professional
- Female already identified as a survivor



Ending the Game



Website: <https://www.endingthegame.com/home>

Contact: contact@EndingTheGame.com

Organization: Developers include Steven Hassan ([Freedom of Mind](#)), Carissa Phelps CEO of [Runaway Girl](#), and Rachel Thomas Founder of [Sowers Education Group](#).

History: Ending The Game® is a first-of-its-kind "coercion resiliency" curriculum that reduces feelings of attachment to traffickers and/or a lifestyle characterized by commercial sexual exploitation, thereby reducing the rate of recidivism among sex trafficking survivors.

Target Audience: Ending The Game is designed to educate and empower survivors of commercial sexual exploitation and trafficking by providing a structure and framework to uncover harmful psychological coercion (a.k.a. "The Game ") that victims may have been subjected to during or before their exploitation experience. Appropriate for women and girls ages 13+, transgendered and gay males, not currently recommended for straight males.

Mode: 10 core lesson plans available in three formats: 2-hour group class, 1-hour group class, 1-on-1 session. After completing the Ending The Game Facilitator Training, direct service providers become certified to deliver the ETG Curriculum to their clients in person or virtually.

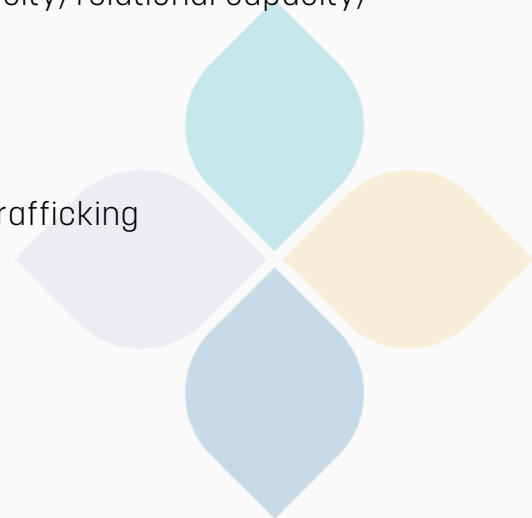
Cost: \$649 per person trained as a facilitator. This one-time fee covers ETG Facilitator Training and lifetime access to the ETG Online Community where facilitators access the entire curriculum and communicate with over 1,000 ETG facilitators across the nation. There are no ongoing fees or renewal requirements.

Strengths:

- Survivor-created and survivor informed
- Caters to a variety of learning styles
- Several formats available (group and individual)
- Research, peer reviewed, and published in the Journal of Women & Criminal Justice for showing "...positive trends in improvement of regulatory capacity, relational capacity, sense of self, and future orientation."

Limitations:

- Not recommended for straight males
- Does not address child labor trafficking or family controlled trafficking
- Requires 2 trained Facilitators for use with more than 1-on-1





Organization: My Life My Choice

Website/Email Contact: 857-991-1159 |
www.mylifemychoice.org | mlmcpvention@jri.org

History: The first comprehensive exploitation prevention curriculum in the nation, My Life My Choice' nationally-acclaimed and evidence-based ten-session exploitation prevention curriculum equips disproportionately vulnerable young people between the ages of 12 and 18 with the tools and knowledge needed to protect themselves from exploiters, thus reducing their risk of commercial sexual exploitation. The My Life My Choice Curriculum is most effective and impactful for young people who were assigned female at birth or identify as female.

OUR IMPACT.

Since 2002, My Life My Choice has impacted thousands of young people through mentorship, prevention, training and advocacy services.

Target Audience: Young people assigned female at birth or identify as female, between the ages of 12 and 18

Mode: Up to 10 sessions, 75 minutes long

Cost: To bring the curriculum to your community it's required to attend a Prevention Curriculum Training held by a MLMC Trainer. Email mlmcpvention@jri.org to to discuss costs and training opportunities..

Strengths:

- Evidence-based
- Developed, written, and receives regular review and updating by survivors of exploitation & designed to be co-facilitated by a survivor of exploitation
- Provides an in-depth look at participants' vulnerabilities and helps youth shift if they are already on the path towards exploitation
- Highly effective in congregate care settings for both secondary and tertiary prevention
- Rigorously evaluated through a National Institute of Justice grant, and shown to be effective in reducing risk of exploitation
- Membership to online community provides ongoing support and contact with other facilitators across the country & support from My Life My Choice staff

Limitations:

- Two facilitators are required, best practice is that one is a survivor and another is a clinician with advanced training
- Gender specific and gender responsive for girls, including cisgender females, transgender females, and transgender males or nonbinary individuals whose experience of exploitation happened due to their gender identity or sex assigned at birth.
- Does not address labor trafficking

NATIVE AMERICAN SPECIFIC

Strong and Resilient: An Indigenous Trafficking Prevention Curriculum

Organization: Created through a grant with the [National Human Trafficking Training and Technical Assistance Center](#)

Website/Email Contact: Email Anne LaFrinier-Ritchie at annelafrinierritchie@gmail.com

History: Created following the National Human Trafficking Leadership Academy Class Five's recommendations, Strong and Resilient is a four-session, human trafficking prevention curriculum designed specifically for Indigenous youth in Minnesota. The curriculum focuses on using Indigenous culture and tradition to provide Indigenous youth an outlet to learn more about culturally unique risks, and how we can use culture as a protective factor against human trafficking. The curriculum topics and activities are based on best practices of youth prevention programs, focusing specifically on:

- Respect
- Identification of grooming and exploitation,
- Risk factors and vulnerabilities,
- Knowledge about healthy and unhealthy relationships,
- Exiting unhealthy relationships,
- Rewriting negative narratives and building self-esteem, and
- Connecting participants with local cultural resources.

Target Audience: Strong and Resilient was created specifically for Indigenous youth in Minnesota between the ages of 12 and 24, who are members of federally recognized tribes, members of unrecognized tribes, First Nations youth, and descendants. Facilitators can amend the Seven Grandfathers to reflect similar teachings from other tribes and add other tribal knowledge and teachings to the curriculum, including relationship teachings and values that align with the activities in Strong and Resilient.

Mode: This curriculum has four 90-minute modules that were designed to be held in person.

Strengths:

- Uses culture as a protective factor against human trafficking of indigenous youth
- Focuses on the need to connect at risk, exploited, and trafficked indigenous youth with accurate information on what human trafficking is, while utilizing traditional activities and building pride in cultural identity

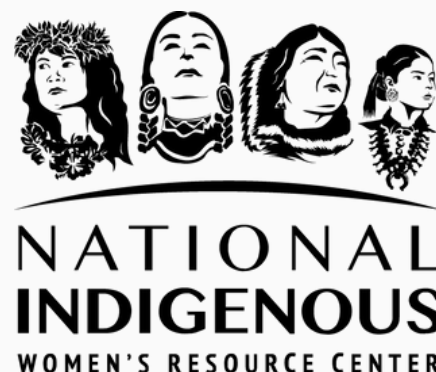
Limitations:

- Cannot be held virtually

NATIVE AMERICAN SPECIFIC

Special Collection for Native American Teens

Organization: National Indigenous Women's Resource Center



Website/Email Contact: www.niwrc.org/resources/special-collection/special-collection-native-american-teens

History: This Special Collection was developed to highlight the issues, resources and other suggestions for engaging Native youth in our communities about healthy relationships and related tools. The Special Collection organizes information, resources, tips and curricula drawn from the wealth of information gathered from partner organizations, experts from the field, and other allies from the web. Specifically, in this Collection, will be resources on cultural issues, national sources, statistics, topical issues and approaches, existing programs, available material and resources to create awareness and promote important discussions about teen dating violence within our Native communities

Target Audience: Young people who identify as Native American, are tribe affiliated, or have indigenous roots.

Mode: Varies, there are multiple resources on the website

Strengths:

- Culturally responsive
- Addresses multiple protective factors to address violence against young women, young men, and those identifying as two-spirit from a Native American specific lens.

Limitations:

- Does not specifically address human trafficking, but addresses root issues related to trafficking.

A Guide for Men: COMPASS

Organization: Developed from funding supported by Office on Violence Against Women, US Department of Justice and Center for Disease Control and Prevention. Part of Alaska Men Choose Respect in partnership with Governor Parnell's Choose Respect Initiative.

Website/Email Contact: <https://wicaagli.org/tool-kit/> view For Self-Learning Section

History: *COMPASS: A Guide for Men* is a resource for adult male mentors who work with young Alaskan men aged 12 to 18. COMPASS presents mentors with opportunities and activities designed to support young men as they explore and identify their values, goals and unique identities. The activities, teachable moments and discussions described in the guide create a safe atmosphere for men and boys to learn about and practice healthy lifestyles. In addition, these strategies are designed to be easily incorporated into the day-to-day interactions that already exist between mentors and youth in team sports, camping, hiking, fishing, hunting and other activities. Ultimately the guide promotes meaningful conversations between men and male youth that promote healthy identities, build positive relationships, and strengthen communities.

Target Audience: Young men aged 12-18 with a focus on Alaskan Youth (however, can support any youth that identifies as Alaskan Native, Native American youth)

Mode: Topic areas and lessons for teen engagement with a male mentor including: Knowing Who You Are, Knowing Your Emotions, Respect for Self, Respect for Others, Communication, Conflict Resolution, and Becoming Men.

Cost: No Cost, available for FREE download HERE: [A Guide For Men](#) and [Compass Activity Cards](#)

Strengths:

- Culturally Responsive
- Based on Mentorship from Adult Role-Models

Limitations:

- Does not specifically address human trafficking, but addresses other issues related to healthy relationship and resiliency through cultural connection.

